



# Build the skills you need to make the most of your online learning experience

Studying online for the first time, or looking to improve your online study skills? Find out what to expect and explore practical strategies to optimise your experience with the *Learning Online: Essential Skills for Success* course.

## Module 1: Being an online learner

- What is online learning?
- Getting started
- Expectations and skills for independent learning
- Qualities of online learners
- Online safety and your digital identity
- Maintaining your wellbeing

## Module 2: Study skills for effective online learning

- Setting up your study environment
- Time management
- Study-life balance
- Motivation and procrastination
- Reflective learning
- Working with others

Access *Learning Online: Essential Skills for Success*:

