



# Provide comprehensive online support for international students



Epigeum is a leading provider of online training courses that support the core activities of universities in four areas: teaching and development, research, studying, and support and wellbeing. Developed through a unique process of global collaboration between world-class subject experts, partner institutions, and in-house specialists, Epigeum's interactive, online courses make consistent, cost-effective training achievable for all.

# Deliver the best possible international student experience

With consistently high levels of demand for international student places in Australia, and the international student experience increasingly being viewed as a core measure of success, the need for dedicated, holistic support has never been greater.

Research indicates that many international students struggle with issues beyond the general challenges that all new students encounter, but are less likely to approach university counselling services for help. Making targeted and effective support available to all international students will not only contribute to their academic success and satisfaction, but will also enhance their social success and ability to adapt in a multicultural society – leading to better outcomes in the longer term.

Made up of four clear and concise modules, International Student Success will equip undergraduate and postgraduate international students with the knowledge, skills, and understanding that are central to preparing for, and adjusting to, university life in the Australia. Packed full of practical tips, real student voices,

and “myth-busting” exercises, this holistic programme will address a range of key concerns and issues, including culture shock, effective communication, and finding support away from home – using a rich array of dynamic, interactive content to deliver core information, manage expectations, and build confidence.

Upon subscribing to the *International Student Success* programme, your institution will receive campus-wide, unlimited access to the resource for a set period of years. We will provide ongoing technical and implementation support – guiding you through the process of providing access to the programme throughout your institution, discussing your options in terms of customisation, and demonstrating how to utilise reporting functions to explore how your users are responding to the course.

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# Content coverage

The International Student Success programme will adopt a flexible, modular structure. Students will be able to work through the programme in its entirety or select modules according to their particular needs, or your guidance. This adaptable format will also support a blended learning approach, whereby face-to-face activities consolidate and expand on the online content.

## MODULE 1

### Preparing for student life in Australia

- Visas
- Accommodation
- Finances
- Undertaking paid work
- Transportation

## MODULE 2

### Culture and expectations

- Understanding local communities
- Australian traditions and culture
- Social
- Academic
- Dealing with culture shock

## MODULE 3

### Language and communication

- Language and terminology
- Social skills: building confidence
- Communication skills: building confidence

## MODULE 4

### Looking after yourself and finding support

- Dealing with loneliness and homesickness
- Building healthy relationships
- Pressure to succeed/fear of failure
- Healthcare

## Meet our Lead Advisors



### Dr Paula Durance

Experienced consultant specialising in international student management and support, and the professional development of those working with international students.



### Dr Melissa Russell

Senior Lecturer in Epidemiology at the Centre of Epidemiology and Biostatistics, the School of Population and Global Health at the University of Melbourne, Australia.