Epigeum is a leading provider of online training courses that support the core activities of universities in four areas: teaching and development, research, studying, and support and wellbeing. Developed through a unique process of global collaboration between world-class subject experts, partner institutions, and in-house specialists, Epigeum’s interactive, online courses make consistent, cost-effective training achievable for all.
With consistently high levels of demand for international student places in the UK, and the international student experience increasingly being viewed as a core measure of success, the need for dedicated, holistic support has never been greater.

Research indicates that many international students struggle with issues beyond the general challenges that all new students encounter, but are less likely to approach university counselling services for help. Making targeted and effective support available to all international students will not only contribute to their academic success and satisfaction, but will also enhance their social success and ability to adapt in a multicultural society – leading to better outcomes in the longer term.

Made up of four clear and concise modules, International Student Success will equip undergraduate and postgraduate international students with the knowledge, skills, and understanding that are central to preparing for, and adjusting to, university life in the UK. Packed full of practical tips, real student voices, and “myth-busting” exercises, this holistic programme will address a range of key concerns and issues, including culture shock, effective communication, and finding support away from home – using a rich array of dynamic, interactive content to deliver core information, manage expectations, and build confidence.

Upon subscribing to the International Student Success programme, your institution will receive campus-wide, unlimited access to the resource for a set period of years. We will provide ongoing technical and implementation support – guiding you through the process of providing access to the programme throughout your institution, discussing your options in terms of customisation, and demonstrating how to utilise reporting functions to explore how your users are responding to the course.

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The International Student Success programme has a flexible, modular structure. Students can work through the programme in its entirety or select modules according to their particular needs.

**MODULE 1**
Preparation for student life in the UK
- Are you ready for student life in the UK?
- Preparing for your student visa application
- Finding the right student accommodation
- Setting a budget
- Part-time work
- Exploring beyond campus

**MODULE 2**
Adapting and managing expectations
- Understanding key terms
- Exploring microcultures
- Social etiquette and expectations
- Dealing with culture shock and reverse culture shock
- Academic expectations
- Succeeding in British academic culture

**MODULE 3**
Effective communication
- Communicating in the UK
- Understanding academic terms
- Discussion skills and language fluency
- Group work
- Building confidence - levels of politeness and formality
- Building your social and professional network

**MODULE 4**
Looking after yourself and finding support
- Health and wellbeing
- Managing loneliness and homesickness
- Healthy relationships
- Perfectionism and managing expectations
- Being kinder to yourself and managing pressure
- Healthcare

**Lead Advisor**
**UK Council for International Student Affairs (UKCISA)**
UKCISA supports international students and the institutions, students’ unions, and organisations which work closely with them – providing training and guidance to all universities in the UK, as well as many FE colleges, independent schools, and students’ unions.

Find out more: [https://www.epigeum.com/courses/studying/international-student-success](https://www.epigeum.com/courses/studying/international-student-success)
Request free trial: [epigeum@sagepub.com](mailto:epigeum@sagepub.com)