



# Equip undergraduate and postgraduate international students with the skills and knowledge to prepare for, and adjust to, university life

Packed full of practical tips, real student voices, and “myth-busting” exercises, this holistic programme will address a range of key concerns and issues, including culture shock, effective communication, and finding support away from home – using a rich array of dynamic, interactive content to deliver core information, manage expectations, and build confidence.



## Programme structure

Preparing for student life

Culture and expectations

Effective communication

Looking after yourself and finding support

## Access *International Student Success*:

